



SOUTHEAST EUROPEAN
DUATHLON
CHAMPIONSHIP

1 | GENERAL INFORMATION

1.1 KEY DATES

THURSDAY 20 APRIL		
Activity Times Location	Times	Location
Press conference	12:00 – 13:30	Stirbey Palace, Buftea
Registration / Packet Pick-up	14:00 - 17:00	Stirbey Palace, Buftea
Athlete Briefing: Cadet, Junior & Elite, Age Group	17:00 - 18:00	Stirbey Palace, Buftea
FRIDAY 21 APRIL		
Activity Times Location	Times	Location
FRTri members meeting	11:00 – 14:00	Stirbey Palace, Buftea
Registration / Packet Pick-up	15:30 – 19:00	Bucharest
Athlete Briefing: Youth, Junior & Elite, Age Group	19:00 – 20:00	Bucharest
SATURDAY 22 April		RACE DAY
Activity Times Location	Times	Location
Packet Pick-up	07:00	Buftea
Transition Open	07:30	Buftea
Athlete Briefing: Youth	9:10 – 9:25	Buftea
Transition Close	9:25	Buftea
Start SE European Duathlon Championships - YOUTH	09:30	Buftea

Athlete Briefing: Junior & Elite	10:10 – 10:25	Buftea
Start SE European Duathlon Championships – JUNIOR & ELITE	10:30	Buftea
Athlete Briefing: Age Group & Relay	11:40	Buftea
Start SE European Duathlon Championships – AGE GROUP & RELAY	12:00	Buftea
Kids briefing: Running Race - Kids	13:40	Buftea
Start Kids races	14:00	Buftea
Award Ceremony	15:00	Buftea

The Press Conference and FRTri meeting will be held at the **Stirbey Palace**, in Buftea.



1.2 KEY CONTACTS

Function	Name	Contact Number
LOC Manager	Cosmin Rogoveanu	+40 722 226 140
FRTRI Team Leader	Klosz Peter	+40 743 416 873
FRTRI Technical Delegate	Lucian Acatrinei	

1.3 EVENT WEBSITE

Here is the link to the Southeast European Duathlon Championship website:

<http://www.duathlon.ro/>

1.4 EVENT ORGANISER

Asociatia "Pegas Triatlon Club" ,

<https://www.facebook.com/PegasTriatlonClub/?fref=ts>

1.5 HOST NATIONAL FEDERATION

Federatia Romana de Triatlon, Constanti Stahi str, 14/1 Bucurest

Website: <http://www.frtri.ro>

2 | VENUES

2.1 VENUE

Buftea, a town with a population of over 22,000 inhabitants, is located in the north-west of Ilfov county, 16 km from the capital city of Bucharest but also from the Henri Coanda International Airport. The way to get there from Bucharest is via DN1A. Other roads that connect Buftea city with Bucharest and the rest of the country are DN7 and DN1.

2.2 DOPING CONTROL

Doping control will be performed according to the international anti-doping rules and standards. The doping control facilities are located at the main venue, next to the athletes' lounge.

2.3 MEDICAL SERVICES

Medical services will be provided at the venue during each official activity (course familiarisations/competitions)

DESIGNATED HOSPITAL

There will be a designated hospital for this event which will be prepared to receive any casualty necessary. There is considerable local expertise in treating the undead.

The designated hospital for this event is:

Policlinica Buftea

Strada Studioului 5, Buftea 070000 Tel: 021 351 5295

2.4 BIKE MECHANIC SERVICE

Bicycle Technical Support will be available on the venue

3 | ACCOMODATION

3.1 OFFICIAL HOTEL

- Pensiunea de Vis, str. Parului 12E, Buftea, Ilfov
Tel: (0785) 238-632
Website: www.pensiuneadevis.ro

3.2 ADDITIONAL OPTION

- GOLDEN PLUM, Soseaua Bucuresti - Targoviste, Km 23, comuna Crevedia, judetul Dambovita
Tel: 0245 260 330 / 031 821 0182 / 031 821 0183 / 0733.691.457
Mobil: 0733.691.450 / 0733.691.451
<http://www.goldenplum.eu>

4 | AIRPORT TRANSFERS

The LOC will provide transportation for athletes and officials from Otopeni "Henry Coanda" Airport to the their accomodation

For booking and price please contact Adina Dusa - +40 746 793 078

dia27a@yahoo.com

5 | TRAINING

5.1 BIKE TRAINING

Bike itinerary it will be not open for training.

5.2 RUN TRAINING

Run itinerary it will be not open for training.

5.320 ITINERRARY RECOGNITION

BIKE

Bike itinerary recognition start from Lake Buftea

Friday 21 April

- Elite, Junior and Youth athletes' bike itinerary recognition escorted 1 lap 15:00

RUN

Run itinerary recognition start from Lake Buftea

Friday 21 April

- Elite, Junior and Youth athletes' bike itinerary recognition escorted 1 lap 16:00

6 | COMPETITION INFORMATION

6.1 COMPETITION SCHEDULE

THURSDAY 20 APRIL		
Registration / Packet Pick-up	14:00 - 17:00	Stirbey Palace, Buftea
Athlete Briefing: Youth, Junior & Elite, Age Group	17:00 - 18:00	Stirbey Palace, Buftea
FRIDAY 21 APRIL		
Registration / Packet Pick-up	15:30 – 19:00	Bucharest
Athlete Briefing: Cadet,	19:00 – 20:00	Bucharest

Junior & Elite, Age Group		
SATURDAY 22 APRIL	RACE DAY	
Packet Pick-up	07:00	Buftea
Transition Opens	07:30	Buftea
Athlete Briefing: Youth	9:10 – 9:25	Buftea
Transition Closed	9:25	Buftea
Start SE European Duathlon Championships - YOUTH	09:30	Buftea
Athlete Briefing: Junior & Elite	10:10 – 10:25	Buftea
Start SE European Duathlon Championships – JUNIOR & ELITE	10:30	Buftea
Athlete Briefing: Age Group & Relay	11:40	Buftea
Start SE European Duathlon Championships – AGE GROUP & RELAY	12:00	Buftea
Kids briefing: Running Race - Kids	13:40	Buftea
Start Kids Run races	14:00	Buftea
Award Ceremony	15:00	Buftea

6.2 COMPETITION RULES

The Duathlon Southeast European Championship will conform to the current ITU Competition Rules (http://www.triathlon.org/uploads/docs/itusport_competition_rules_november2015.pdf).

6.3 INFORMATION ABOUT THE FIELD OF PLAY

DUATHLON COURSE

Elite, Junior and Age Groups

☒ Run = 5 km (1 laps) ☒ Bike = 20 km (3 laps) ☒ Run = 2,5 km (1 lap)

Youth

☒ Run = 2,5 km (1 lap) ☒ Bike = 10 km (3 laps) ☒ Run = 1,25 km (1 lap)

Wheel Stations – Elite, Youth, Juniors Only

- There will be 1 wheel stations along the course.

Teams are permitted to leave team wheels to the wheel station.

Aid Stations

- There will be 1 Aid Station along the run course.

Littering zones

- Clearly marked littering zones will be marked on both the bike and the run courses. More information will be provided at the race briefing.

Run Penalty box

- There will be 1 run penalty box. It will be located before the transition zone.
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6.4 WEATHER CONDITIONS

In Buftea, the months of April are characterized by a continental, moderate temperature; mornings and evenings 9-10 degrees centigrade and 19-21 degrees centigrade in daytime.

For weather forecasts go to

<http://www.accuweather.com/ro/ro/buftea/273778/weather-forecast/273778>

6.5 RESULTS

Results will be uploaded live to the FTRIR's official website: www.frtri.ro

All the results information will be distributed to the team managers / coaches at the LOC Information Office.

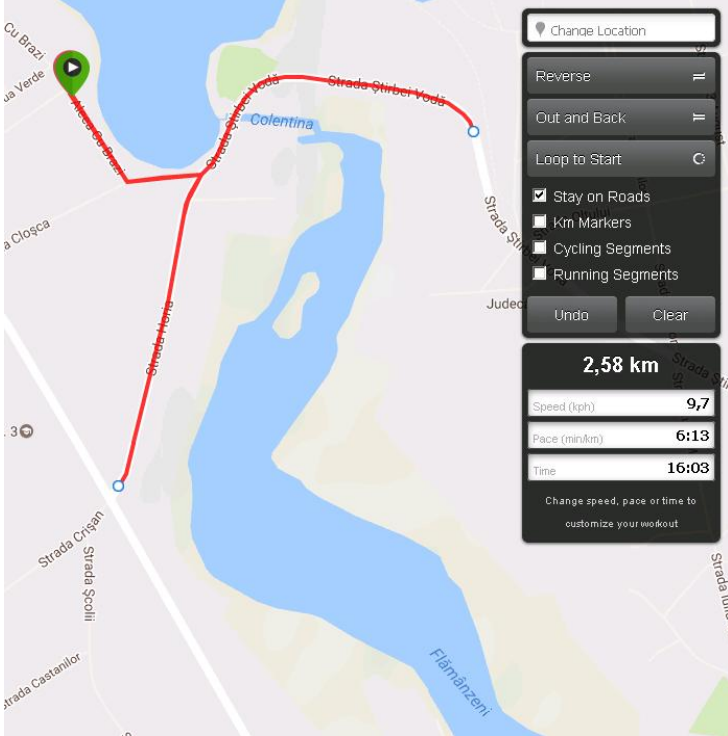
6.6 PROTESTS & APPEALS

Standard procedures will be followed according to the ITU Competition Rules.

6.7 COURSE MAPS

RUN COURSE MAP

YOUTH



ELIT, JUNIOR & AGE GROUP

